Claims

- 1. (currently amended) A sustained-release tablet comprising caffeine and a hydrophilic poly(ethylene oxide) polymer wherein caffeine is released from the tablet at a nearly constant rate.
- 2. (canceled) The tablet according to claim 1 wherein the polymer is hydroxypropylmethylcellulose (HPMC), cellulose acetate, cellulose acetate butyrate, polyvinylpyrrolidone or sodium carboxymethyl cellulose.
- 3. (currently amended) The tablet according to claim 2 1 which is a homogeneous mixture.
- 4. (original) The tablet according to claim 3 comprising about 8% to 90% caffeine by weight of tablet.
- 5. (currently amended) The tablet according to claim 1 wherein the polymer is poly(ethylene oxide) having has a molecular weight of about $4x10^6$ or greater.
- 6. (original) The tablet according to claim 5 which is a homogeneous mixture.
- 7. (original) The tablet according to claim 6 comprising about 8% to 90% caffeine by weight of tablet.
- 8. (original) The tablet according to claim 7 wherein poly(ethylene oxide) has a molecular weight in the range of about $4x10^6$ to $8x10^6$.
- 9. (original) The tablet according to claim 8 comprising about 10 to 92% poly(ethylene oxide) by weight of tablet.
- 10. (original) The tablet according to claim 9 wherein caffeine is released over a period of about 8 to 24 hours after oral administration.

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- 11. (original) The tablet according to claim 10 comprising a kavalactone.
- 12. (original) The tablet according to claim 10 wherein the tablet is donut-shaped.
- 13. (original) The tablet according to claim 7 consisting of poly(ethylene oxide) and caffeine.
- 14. (original) The tablet according to claim 7 consisting essentially of poly(ethylene oxide) and caffeine.
- 15. (original) The tablet according to claim 13 wherein poly(ethylene oxide) has a molecular weight in the range of about $4x10^6$ to $8x10^6$.
- 16. (original) The tablet according to claim 15 comprising about 50% caffeine by weight of the tablet.
- 17. (original) The tablet according to claim 15 comprising about 80 to 90% caffeine by weight of the tablet.
- 18. (original) The tablet according to claim 15 wherein caffeine is released over a period of about 8 to 24 hours after oral administration.
- 19. (original) The tablet according to claim 18 wherein the tablet is donut-shaped.
- 20. (withdrawn) A sustained-release tablet comprising at least about 40% xanthine-derived stimulant by weight of the tablet and a hydrophilic polymer.
- 21. (withdrawn) The tablet according to claim 20 wherein the stimulant is caffeine, aminophylline, oxtriphylline, theobromine, or theophylline or a mixture thereof.

- 22. (withdrawn) The tablet according to claim 21 wherein the polymer is hydroxypropylmethylcellulose (HPMC), cellulose acetate, cellulose acetate butyrate, polyvinylpyrrolidone, or sodium carboxymethyl cellulose.
- 23. (withdrawn) The tablet according to claim 21 wherein the polymer is poly(ethylene oxide) having a molecular weight of about $4x10^6$ or greater.
- 24. (withdrawn) The tablet according to claim 23 wherein poly(ethylene oxide) has a molecular weight of about $4x10^6$ to $8x10^6$.
- 25. (withdrawn) The tablet according to claim 23 which consists of the stimulant and poly(ethylene oxide).
- 26. (withdrawn) The tablet according to claim 25 comprising about 50% of the stimulant by weight of the tablet.
- 27. (withdrawn) The tablet according to claim 25 comprising about 80 to 90% of the stimulant by weight of the tablet.
- 28. (withdrawn) A method of preparing a sustained-release caffeine tablet comprising, mixing caffeine and a hydrophillic polymer to form a mixture; and compressing the mixture into a tablet.
- 29. (withdrawn) The method according to claim 28 wherein the polymer is poly(ethylene oxide) of a molecular weight of about $4x10^6$ or greater.
- 30. (withdrawn) A method for increasing the alertness of a subject comprising orally administering a tablet comprising caffeine and poy(ethylene oxide) wherein poly(ethylene oxide) has a molecular weight of about $4x10^6$ or greater.
- 31. (withdrawn) The method according to claim 30 wherein poly(ethylene oxide) has a

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molecular weight in the range of about $4x10^6$ to $8x10^6$.

- 32. (withdrawn) The method according to claim 31 wherein the tablet comprises about 8% to 90% of caffeine by weight of the tablet.
- 33. (withdrawn) The method according to claim 32 wherein the tablet consists of caffeine and poly(ethylene oxide).
- 34. (withdrawn) The method according to claim 33 wherein caffeine is released at a nearly constant rate over a period of about 8 to 24 hours after oral administration.